





2012 CROSS COUNTRY SPORT SPECIFIC INFORMATION

2012-2013 CROSS COUNTRY & TRACK COMMITTEE MEMBERS

Dist. G Dist. A Mr. Tom Gallagher

Groton-Dunstable Reg. H.S.

Pioneer Valley Reg (Northfield)

A.D., Ipswich H.S.

Mr. Philip Sheridan Ms. Lindsey von Holtz

A.D., Peabody Vet. Memorial H.S. A.D., Mt. Greylock HS (Williamstown)

Dist. B Ms. Darlene Knight, A.A.D. Dist. H Mr. Stephen Czarnecki, A.P.

Boston Public Schools Bishop Fenwick H.S. (Peabody)

Dist. C Mr. Peter Rittenburg, A.D. Consultant

Brookline High School Mr. John Monz

Track Coaches' Representatives

Mr. Frank Mooney Mr. James Hoar

Mr. Tass Filledes

Game Officials' Representative Dist. D Mr. Leonard Sylvia

> A.D., Greater New Bedford Reg. HS Mr. Thomas Meagher Mr. Chris Lane

Mrs. Tara Bennett, Principal At Large Uxbridge HS Mr. Joseph LeMar

Mr. Michael McCaffrey, A.D.

MASC Representative

Dist. F Ms. Cathy Meader, A.D. MASS Representative

West Springfield HS Dr. Lynne Celli

Ms. Gina Johnson, A.D.

MIAA Staff Liaison Mr. Dick Baker **Assistant Director**

Dist. E

2012 CROSS COUNTRY TOURNAMENT

ENTRY REQUIREMENTS & INFORMATION	DATES	TOURNAMENT DIRECTORS
Entry Deadline: Date when entry must be posted electronically by the school's Athletic Director. After this date, a late fee of \$30 per individual; \$300 per team/max	October 31, 2012	East: Michael Meagher
If school fined for a late fee, this must be paid prior to next MIAA CC/TRK Divisional Meet. Any school not paying the fine is ineligible to participate.		Central: Pete McCauliff West/State:
Cut-off Date	October 31, 2012	Tom Stewart
Final Deadline: Date and time after which no entries will be accepted by the Tournament Director	Wednesday, November 7, 2012 12:00 Noon	EMass – Order of the races for
Tournament Date:	Saturday, November 10, 2012 E – Wrentham Developmental Center C - Gardner Municipal Golf Club W - Northfield Recreation Center	next 3 years (see page 3): 12
All State Championship: (2012 to be held in West) (2013 to be held in Central) (2014 to be held in East) All State Meet is held on the 3 rd Saturday in November.	Saturday, November 17, 2012 @ Northfield Recreation Center If a tournament postponement is necessary for any reason, a notice will be posted on the MIAA website: www.miaa.net No postponement notice means the meet will be held as scheduled.	G-4 G-1 B-3 B-6 B-3 G-1 B-5 B-2 G-2 B-4 B-1 G-3 G-3 G-6 B-4 G-2 G-5 B-5 G-1 G-4 B-6 B-3 B-6 G-4 B-2 B-5 G-5 B-1 B-4 G-6

The following must be committed:

	DEADLINE:
MIAA Official Entry Blank(Boys & Girls) – <i>Through Direct Athletics</i> –Website: www.directathletics.com	October 31, 2012
Team Sportsmanship Nomination	October 31, 2012

Direct Athletics Process:

- 1 Each school must have a user name and password for Cross Country, Indoor Track, and Outdoor Track. You need to set this account up as soon as possible, and must be done by Fri., 10/26 at the latest for all Cross Country Teams. Schools have the option of setting up one account for all three seasons, or separate accounts for each season. Athletic Directors with input from their coaches should make this decision. If you already have a DirectAthletics account for your team/school, you do not need to create a new one.
- 2 Contact information: The coach must be listed as the contact. Each tournament director will have access to this information. Please do not list the school Athletic Assistant or Secretary, as this will delay the process when an issue arises or last minute information is needed. Information should include current e-mail and phone number(s), the number should be accessible, since most meets occur on weekends.
- 3 Rosters need to be updated as the season goes along, this will make the entry process go smoother at the deadline time.
- 4 Once your entries are completed you must print out a copy of your entries and check for accuracy. You will make updates and be able to edit changes up to the deadline. After the deadline there is still the MIAA late entry fee process that is listed in the MIAA Cross Country Format (\$30/athlete). Entry deadline is Wed., October 31, 2012 for Cross Country.
- 5 Cross Country Each school only has to enter maximum of 10 names (you can enter less); you do not have to declare which 7 will run.

NO MOUNTAIN BIKES ARE ALLOWED AT ANY OF THE FACILITIES.

1. Races will be set up as follows:

E. MASS - The Order of the Races

9:00 a.m. Girls' Division 6	10:45 a.m. Boys' Division 5	1:20 p.m. Girls' Division 1
9:25 a.m. Girls' Division 5	11:10 p.m. Boys' Division 4	1:50 p.m. Boys' Division 3
9:50 a.m. Girls' Division 4	12:30 p.m. Girls' Division 3	2:15 p.m. Boys' Division 2
10:20 a.m. Boys' Division 6	12:55 p.m. Girls' Division 2	2:40 p.m. Boys' Division 1
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C. MASS - The Order of the Races

10:00 a.m. Boys' Division 2	11:00 a.m. Girls' Division 2	
10:30 a.m. Boys' Division 1	11:30 a.m. Girls' Division 1	
Runners may go over the course only on Thursday, November 8 th after 2:00 p.m. or on the day of		
race. Please keep off the greens.		

W. MASS - The Order of the Races

11:00 a.m. Girls' Division 1	12:20 p.m.	Boys' Division 1
11:40 a.m. Girls' Division 2	1:00 p.m.	Boys' Division 2
Runners may go over course any time during the week or weekend. Please first report to the complex.		

- 2. Each school may list ten (10) boys/girls, seven (7) of whom will be allowed to compete. The first five (5) boys/girls to finish will score for their schools. Five (5) boys/girls must leave starting box and finish for a team to score.
- 3. **Divisional Placement** See MIAA Fall Tournament Alignments for 2009-10 through 2012-13.
- 4. Athletes should come dressed in proper school uniform, (school colors jersey and shorts) ready to compete. The Uniform Rule will be strictly enforced. In case of inclement weather the Tournament Director MAY modify the Uniform Rule but "solid color" for all clothing worn in addition to the school issued uniform will be required.
- 5. Entries: ALL ENTRIES WILL BE DONE VIA DIRECT ATHLETICS. Entries must be received by the Tournament Director by OCTOBER 31, 2012. Any entries received after this date will be considered a late entry and there will be a fee of \$30.00 per individual; \$300.00 per team/maximum.

FINAL DEADLINE: Absolutely no entries will be accepted after: 11/7/12 at Noon

- 6. Numbers should be distributed only to the seven (7) actually competing. All numbers should be pinned securely on the front of the jersey. The tear-off tags should not be pinned.
- 7. A plaque and certificates will be presented to each Team Champion and Team Runner-Up. Medals will be awarded to the first fifteen- (15) finishers in each race.
- 8. All teams must have adult representation in control of participants at all times. Such representation must be an employee or designated representative of the school district.
- 9. The meet shall be run under the rules of the National Federation Track and Field Rule Book except as modified by the MIAA.
- 10. **Finality of Decisions** The referee's decision in all matters shall be final and without appeal except in those meets for which a Jury of Appeals has been established for that special purpose. The Jury of Appeals then will have the final authority. In order to have an appeal processed a coach must submit the appeal in writing to the referee within thirty (30) minutes after the results are announced.
- 11. **Medical Coverage** A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at all MIAA Divisional and State Cross Country Meets. The MIAA will compensate for this coverage at these sites.
- 12. **Awards Ceremonies** –In the East the awards ceremonies will begin at approximately 10:30 and continue (once the results have been verified) in the same order as the races were run.
- 13. **All State Meet** Teams qualifying will be posted on MIAA website. If you are listed you are in, no further information will be sent.
- 14. Ties in team scoring shall be resolved by comparing the sixth-place finishers from the tying teams. The team with the best sixth-place finisher shall prevail. If one team does not have a sixth-place finisher, the team with the sixth-place finisher shall prevail.

NOTES ON STATE CHAMPIONSHIP – TO BE HELD AT NORTHFIELD RECREATION CENTER ON SATURDAY, NOVEMBER 17, 2012

NO MOUNTAIN BIKES & NO DOGS ARE ALLOWED.

Two Divisions of Boys (Large - Division I), (Small - Division II) Two Divisions of Girls (Large - Division I), (Small - Division II) In each division - 19 teams and 50 individuals will compete.

State Meet Qualifications:

Eastern MA: Boys and Girls - (Div. I - Large Schools)

Top four (4) teams from Division 1, 2 & 3 sectional
Top ten (10) individuals from Division 1, 2 & 3 - not on one of the qualifying teams
One - 5th place team with best time from Division 1, 2 or 3 – (Wildcard)

Eastern MA: Boys and Girls (Div. II - Small Schools)

Top four (4) teams from Division 4, 5 & 6 sectional
Top ten (10) individuals from Division 4, 5 & 6 not on one of the qualifying teams
One - 5th place team with best time from Division 4, 5 or 6 – (Wildcard)

Central & Western MA: Boys and Girls

Top three (3) teams from Div. I sectional and top ten (10) individuals not on those teams qualify for the Division I (Large School) State Championship Title.

Top three (3) teams from Division II sectional and top ten (10) individuals not on those teams qualify for the Division II (Small School) State Championship Title.

- 1. The races will be held on Saturday, November 17, 2012
- 2. Starting Times:

Girls' Division 1 - 11:00 a.m. Boys' Division 1 - 12:20 p.m. Girls' Division 2 - 11:40 a.m. Boys' Division 2 - 1:00 p.m.

Awards Ceremony Approximately 1:45 P.M. at the conclusion of races

3. A plaque and medals will be presented to the winning Team Champion and Team Finalist in each division. Medals will be awarded to the first fifteen- (15) finishers in each race.

Responsibility of Participating Schools - All schools are responsible before, during and after a contest for the proper conduct of their coaches, students and spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred.

TOURNAMENT DIRECTORS:

East:
Michael Meagher

Central: Pete McCauliff

West/State: Tom Stewart

The Eleventh Annual **Ted Dutkiewicz Team Cross Country Sportsmanship Award**

co-sponsored by the Massachusetts Interscholastic Athletic Association and the Massachusetts State Track Coaches Association.

This award is to be presented to the high school cross-country program in each division (boys & girls) that exemplifies the sportsmanship qualities of the late Ted Dutkiewicz, former cross country and track coach at Springfield Central High School. Mr. Dutkiewicz was an active member of the M.S.T.C.A. executive board and was the MIAA Western Mass Cross-Country meet director.

One of his great desires was seeing that high school cross-country was conducted in a fair and equitable manner with sportsmanship the goal that all athletes and coaches should keep foremost in their minds.

Kindly consider celebrating your cross-country team's successes by promoting this prestigious sportsmanship award. Please assist in directing this communication to your varsity cross-country coach.

The presentations of these awards will be made to the most outstanding sportsmanship programs at the MIAA sponsored Divisional Championship Meets: East Boys: Div. 1-6 Central Boys: Div. 1, 2 Central Girls: Div. 1, 2

School Division Boys Girls City/Town Principal School Phone Athletic Director AD Phone Home Phone Coach Captain(s) Name(s) ____ Please describe why you think this team should be considered for this prestigious award. List specific examples of acts of sportsmanship or community service that might help the committee with its selection. Athletic Director's Signature______ Date_____ _____ Date Coach's Signature

Nominations must be received by October 31st.

Please feel free to attach any further data to this application.

Mail to: Kristen Hoar, 12 Acorn Ct., Malden, MA 02148

West Boys: Div. 1, 2 West Girls: Div. 1. 2